



The Regnante School Of Performing Arts
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Dear Parent,

WELCOME! I have great pleasure in introducing you and your child(ren) to the wonderful world of performing arts.

This welcome pack and DVD is intended to give you a little introduction to RSOPA; the staff, the uniform, our parent/pupil/staff agreement, what we do, how much we cost and all that jazz!

RSOPA offers Worthing what it lacks...new ideas, and lots of opportunity! We have a Moto; 'SPARKLE & DISCIPLINE'... We want to bring your child confidence; we want to help them develop life skills as well as performing ones. We aim to have each child smiling, happy and having a great time as well as giving them the best teaching service to help them become the best they can be. We don't ask any child to become 'the best'; we just hope they can find 'their best'.

If your child wants to turn up for fun each week, we are the place for them. If your child dreams of bigger things and maybe take performing arts up as a career, we are the one's to help them reach that goal. RSOPA tailors itself to each and every Child's needs. Its up to you how little or how much you get involved in and we mean it, your child will not miss out if he/she cannot do it all!

We will be filling your child with confidence and energy, giving them a great opportunity to learn what they see in the spotlight everyday as well as allowing them to make new friends and take part in shows and competitions should they wish to. You will notice an improvement in your Child's self esteem, enthusiasm and in their social skills.

Below is a list and brief description of what we have on offer for you, please contact the Principal to arrange a taster trial session:

Street Jazz - Learning all the latest routines to hits in the charts, this class is designed for all people funky! Come and bust your moves with Miss Bella and learn basic jazz technique to improve your skills in the funkier place in town!



Musical Theatre - Exploring the art of song, dance and drama like you see in the west end musicals. Whether you like Mamma Mia, Hairspray, Fame, Lion King or Rocky Horror show if you like performing, you will love musical theatre! Curriculum allows for ensemble vocal development, improved coordination, character development and voice projection.



Drama - Packed with scripts from your favourite plays and movies. Curriculum also includes introductory activities, speech, verbal dynamics, creative movement, language development, structured improvisation, accents, dialogue development, snippets, parent day presentations, mime and above all a great fun, down to earth bubbly teacher!



Ballet - If your child has been scared off by a strict or scary ballet teacher in the past, I encourage you to give us a try; we guarantee a soft and friendly approach and pride ourselves on inclusivity. Since all dance technique comes from ballet's classical training and exercises, we consider it a fundamental building block of your child's dance education. Ballet strengthens and tones young bodies, it builds lifetime disciplines, develops greater concentration and challenges creativity while imparting a confidence and poise that will be a part of their personalities as they grow and mature. Pointe work is offered later on to those students who have achieved a measurable level of strength and ability through their ballet technique or training. Ballet does not need to be BORING!

Modern - Modern is fun. Pupils learn to develop many different movements reaching to a broad choice of varying rhythms and musical styles. Classes are structured to begin to prepare the physical strength and flexibility required to demonstrate emotion through interpretation of any musical genre, one minute you may be dancing to the rhythm of a drum, the next to a funky jazz style. You may explore contrast between expansion and relaxation or learn to isolate in a slick stylish mood, whatever the atmosphere of the class; it will be a wonderful opportunity to react and interact with other members of the class and really dance to express your feelings.



Tap - Tap is rhythm - rhythm is tap, Tap is as popular today as it was in the heyday of the great Fred Astaire and Gene Kelly musicals. Evergreen shows, 42nd Street and Crazy For You, and the more recent Stomp and Tap Dogs highlight the great diversities of style and music in tapping. Come and tap those troubles away with either Miss Amelia or Miss Georgia! A gentle, rhythmical and enjoyable way to keep fit!

BBOYZ (Hip Hop/Break Dance) Pupils learn locking, popping, street, tutting, freezes; everything you've seen on *Britain's Got Talent*! Our fabulous teachers will impress you with some of the 400 odd Hip Hop and Street styles! This is a class any child will be 'wowed' by!



Contemporary classes combine technique in Limon Cunningham and Graeme, Choreography, Physical contact work, and lots of bruises from throwing yourself around creatively to develop intense stamina, control and strength as well as breathe taking style! No technical knowledge is required; this is a mixed ability class requiring sheer hard work!

Private Singing lessons will encourage confidence, a good speaking voice as well as the opportunity to work on the solo singing voice as an instrument rather than a tool, developing each individual's tone. Singing lessons enable your child to develop a sound understanding of Estelle Voice Coaching so that they can sing and speak with a knowledge of safe practice and technique. There are opportunities to take part in solo and duet entries at the festivals, exams or to just sing for fun. Lessons will cover classical, theatre, pop and operetta.



Tot bop (Pre-School class) promises to set your kids up from an early age, encouraging early learning.

Children learn all aspects of performing arts; ballet, tap, modern, singing and drama in one class to introduce them to everything!

We are an electronic school! RSOPA likes to be environmentally friendly, it is important you keep a regular eye on our website for updates, newsletters and all info you need: www.rsopa.co.uk, and be sure to register with us on www.mykidsalendar.com to receive all timetable changes relevant to your child. It takes two minutes to set up and there are live operators to help you if you get stuck! This service is for you and your child, it takes away all the stress of searching through everyone else's timetable to figure yours out. It will also highlight and remind you of special events, open days, rehearsals and holidays! You can also find us on Facebook; www.facebook.com/rsopa.

It is really important to regularly check these sites in case you miss out on something important!

It is very important you update us regularly with new emails, mobile numbers please so we can keep you informed!

We do not have parents sit in on classes as this causes distraction to the lesson in many ways. We do ask if your child attends tot bop that you stay on site during the class in case of an emergency. Otherwise the last class of each term will be an open class for parents to come and watch. We also have shows throughout the year and one big showcase every Christmas at The Barn Theatre in Southwick which all pupils take part in. Open days and performances all give the children a chance to show off what they have learnt throughout each half term.

- We hold clubs in all the school holidays, a great way to keep motivated during the holidays! Each holiday club is different, we offer various ones throughout the year, and each has a show at the end of the week/day! (See posters and website for details nearer times!)
- If you are interested in Private singing or dance lessons please contact Miss Amelia to book a slot, private lessons focus more on individual technique, presence, performance and style as a solo performer. Many pupils take private singing lessons, some also book lessons for dance coaching near exams when they need a little extra encouraging!
- Miss Amelia enters some pupils into the Worthing & Brighton dance/drama/singing festivals, if your child would be interested in performing a solo or duet, he/she will require a few private lessons prior...Again, see Miss Amelia!
- Amelia also runs local non-profit theatre project, 'Anyone4Theatre?' The youth company had its first show this year and the senior company has been running since 2006. 'ALADDIN' & 'COPACABANA' were on at The Pavilion Theatre in April 2009, this year in April 2010 they will

be performing 'THE WIZZ' and 'FAME', please enquire for tickets or call 01903 206206. Please see www.anyone4theatre.com for more info and please note this is a separate organisation.

- Children are encouraged to become involved in other charity performances in the area, when we are invited.
- We always take part in the Worthing and Durrington Carnival Parades which take place in the summer holidays, any pupil is welcome to join in with the fun!

So, lots and lots of positive fun things for you and your children to enjoy! Also a fabulous chance for them to perform to different audiences and make lots of new friends!

A few things we have to ask of you...

- We do have a set uniform, order form and list is available from Miss Amelia or one of the admin team. Uniform is available from the school shop on Open Day, until you get your uniform it is important that the children wear comfy clothing such as tracksuit bottoms and a top/t-shirt (no jeans or skirts please!)
- Girls; hair must be neatly tied back if below shoulder length, this is for safety. Hair must be in a bun for classical ballet classes.
- Please do not wear jewellery to class.
- Try and remember water when you come to class!
- **SPREAD THE WORD! IF YOU ENJOY, ENCOURAGE OTHERS TO JOIN TOO!** You will receive a £5 reward for every new person you introduce to the school!

FEES: Fee's are paid in advance of each half term, We hold open day the Sunday prior to each half term when you can come, pay your bill, chat to the staff and order uniform etc. The fee's for one class are £28 each half term. Discounts given to children participating in more than one class, and to families. You can pay cash, cheque (payable to Miss A Regnante) or with HAVE FUN vouchers. Please see the fees list for full details. Late payment fees are charged (see fees list) if payment is not received before the start date of term.

Singing lessons are paid weekly, however you are committing to 6 lessons each half term. If you miss a lesson you will still need to pay for it.

Deposit

A half terms deposit is required to register with RSOPA, we hold this as a half terms advanced payment, returnable if you give us the half terms notice should your child decide to leave us (see the school terms and conditions for more information on payments and deposits).

All that is left is for me to say is please ensure you have filled in the registration form, 'ENJOY' and look forward to meeting you all very soon!